

# Sashiko Basics

by Carol Ziogas



## Supply List

### Fabric:

Blocks: (1) fat quarter focus print

1. fat quarter solid

2. fat quarter background print

Sashing and borders: ½ yd. red

Top and bottom borders and tabs: ¼ yd. woven stripe

Backing: 1 yd.

### Thread:

Sashiko thread

### Pins & Needles:

Sashiko needles

### Quilting Supplies:

- #12083 - Cutting mat, 18" x 24"
- #10261 - Rotary cutter
- #12082 - Ruler, 6" x 24"

### Other Supplies:

Graph paper

- #10698 - Marking tool to transfer onto fabric such as chalk paper, ceramic pencil, or washable pen
- #11874 - Iron
- #12136 - Ironing Surface

### Optional:

Sashiko thimble

- #11606 - Electric Quilt® 8 quilt design software (EQ8)

● – Items available on ShopAQS.com.



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